

The New HES
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 Brooklyn, New 11236
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POOL SCHEDULE

February 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM - 10:00 AM Men, Open Swim, Laps	7:30 AM-11:00 AM General, Open Swim, Laps	7:30 AM-9:00 AM Men, Open Swim, Laps	7:30 AM-9:00 AM General, Open Swim, Laps	7:30 AM-9:00 AM General, Open Swim, Laps	7:30 AM-9:00 AM Women, Open Swim, Laps	C L O S E D
10:00 AM-12:15 PM General, Open Swim Classes	11:00 AM-1:00 PM Women, Open Swim, Laps	9:00 AM-11:30 AM General, Open Swim, Laps	9:00 AM-10:00 AM Women, Open Swim, Laps	9:00 AM-10:00 AM Women, Open Swim, Laps	9:00 AM-12:00 Noon General, Open Swim, Laps	
12:20 PM-2:00 PM Women, Open Swim, Classes		11:30 AM-2:00 PM Women, Open Swim, Laps	10:00 AM-12:00 Noon General, Open Swim, Laps	10:00 AM-12:00 Noon General, Open Swim, Laps		
2:00 PM Pool Closed	3:15 PM - 6:30 PM Swim Classes				Pool Rules: * Bathers must follow staff instructions * Bathing suits must be worn * Adults only in sauna (18 years or older) * Soap & shower before swimming * Remove all band-aids before swimming * Children under 13 must be accompanied by an adult Schedule is Subject to Change	
6:35 PM-8:00 PM Women	6:35 PM-8:30PM Women, Open Swim, Laps Women's classes	7:15 PM-8:30 PM Men, Open Swim, Laps classes	6:35 PM-8:30 PM Women, Open Swim, Laps Women's classes	6:30 PM-8:00 PM General, Open Swim, Laps Co-ed classes		
8:00 PM-9:30 PM Men	8:30 PM-9:45 PM General, Open Swim, Laps	8:30 PM - 9:45 PM General, Open Swim, Laps Classes	8:30 PM-9:45 PM General, Open Swim, Laps	8:00 PM-9:45 PM Men, Open Swim, Laps Men's classes		

Monday-Thursday - building closes at 10:00 PM
 Friday- building closes at 6:00 PM
 Sunday - building closes at 9:45 PM