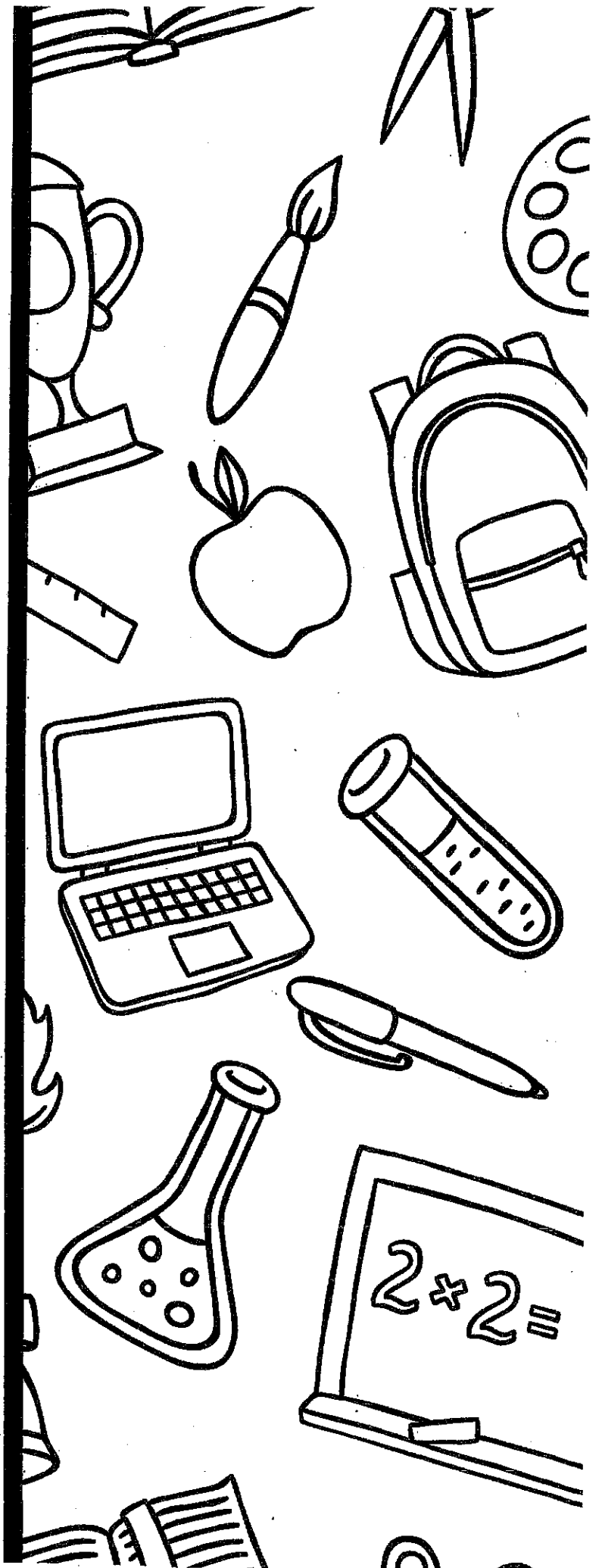


# THE H.E.S. AFTER- SCHOOL PROGRAM PARENT HANDBOOK

*Inspire • Educate • Empower*

**HES** Hebrew Educational Society  
9502 Seaview Avenue  
Brooklyn, N.Y. 11236  
718.241.3000

[www.thehes.org](http://www.thehes.org)  
[fb.com/hebreweducationsociety](https://www.facebook.com/hebreweducationalsociety)





**HEALTH RECORD FOR CHILDREN IN DAY CAMPS & AFTERSCHOOL & YOUTH CENTERS**  
 (This side to be filled in by parent before presentation to physician)

NAME OF PROGRAM Hebrew Educational Society 2020-2021

CHILD'S LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ BIRTHDATE  / / SEX  M  F

Home Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Place of Employment: Father (Guardian) \_\_\_\_\_ Phone: \_\_\_\_\_  
 Mother (Guardian) \_\_\_\_\_ Phone: \_\_\_\_\_

In case of emergency, notify: \_\_\_\_\_ Phone: \_\_\_\_\_

If Parent, Guardian are not available in an emergency, notify:  
 1. \_\_\_\_\_ Phone: \_\_\_\_\_  
 or 2. \_\_\_\_\_ Phone: \_\_\_\_\_

**Important:** Has this camper been exposed to any communicable disease during the three weeks prior to camp attendance:  
 Yes  No  (If yes, state type of exposure: \_\_\_\_\_)

**HEALTH HISTORY:** (Check box if child has had afflictions, give appropriate dates)

- |  |   |
|--|---|
| <input type="checkbox"/> Rheumatic Fever _____ | <b>Allergies</b>                                |
| <input type="checkbox"/> Seizures _____        | <input type="checkbox"/> Hay Fever _____        |
| <input type="checkbox"/> Diabetes _____        | <input type="checkbox"/> Poison Ivy, etc. _____ |
| <input type="checkbox"/> Asthma _____          | <input type="checkbox"/> Insect Stings _____    |
| <input type="checkbox"/> Chicken Pox _____     | <input type="checkbox"/> Penicillin _____       |
|  | <input type="checkbox"/> Other Drugs _____      |
|  | <input type="checkbox"/> Food _____             |

Other Past Illnesses \_\_\_\_\_

Operations or Serious Injuries (Dates) \_\_\_\_\_

Hospitalization (Dates) \_\_\_\_\_

Chronic or Recurring Illness \_\_\_\_\_

Any specific activities to be encouraged? \_\_\_\_\_

Conditions that require activity to be restricted? \_\_\_\_\_

Permission for all program activities unless otherwise noted by Dr. \_\_\_\_\_

Appliance worn (glasses, contacts, etc.) \_\_\_\_\_

Medication taken \_\_\_\_\_

Suggestion from Parent/Guardian \_\_\_\_\_

**CONSENT FOR EMERGENCY MEDICAL TREATMENT**

*I do hereby give authority to the Day Camp and Year Round Afterschool and Youth Center Program staff to obtain necessary emergency medical treatment for my child with the understanding that the family will be notified as soon as possible.*

Relationship \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_ Tel.# \_\_\_\_\_

# CHILD & ADOLESCENT HEALTH EXAMINATION FORM

NYC DEPARTMENT OF HEALTH & MENTAL HYGIENE

DEPARTMENT OF EDUCATION

Please Print Clearly

NYC ID (0515)

## TO BE COMPLETED BY THE PARENT OR GUARDIAN

Child's Last Name	First Name	Middle Name	Sex <input type="checkbox"/> Female <input type="checkbox"/> Male	Date of Birth (Month/Day/Year)	
Child's Address		Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No	Race (Check ALL that apply) <input type="checkbox"/> American Indian <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Other		
City/Borough	State	Zip Code	School/Center/Camp Name	District Number	Phone Numbers Home _____ Work _____
Health Insurance (including Medicaid)? <input type="checkbox"/> Yes <input type="checkbox"/> No	Parent/Guardian Last Name	First Name	Email	Cell _____ Work _____	
<input type="checkbox"/> Foster Parent					

## TO BE COMPLETED BY THE HEALTH CARE PRACTITIONER

Birth History (age 0-8 yrs) <input type="checkbox"/> Uncomplicated <input type="checkbox"/> Premature: _____ weeks gestation <input type="checkbox"/> Complicated by _____ Allergies <input type="checkbox"/> None <input type="checkbox"/> Epi pen prescribed <input type="checkbox"/> Drugs (list) _____ <input type="checkbox"/> Foods (list) _____ <input type="checkbox"/> Other (list) _____ Attach MAF if in-school medications needed	Does the child/adolescent have a past or present medical history of the following? If persistent, check all current medication(s): Asthma Control Status <input type="checkbox"/> Anaphylaxis <input type="checkbox"/> Behavioral/mental health disorder <input type="checkbox"/> Congenital or acquired heart disorder <input type="checkbox"/> Developmental/learning problem <input type="checkbox"/> Diabetes (attach MAF) <input type="checkbox"/> Orthopedic injury/disability Explain all checked items above.	<input type="checkbox"/> Asthma (check severity and attach MAF): <input type="checkbox"/> Intermittent <input type="checkbox"/> Mild Persistent <input type="checkbox"/> Moderate Persistent <input type="checkbox"/> Severe Persistent <input type="checkbox"/> Quick Relief Medication <input type="checkbox"/> Inhaled Corticosteroid <input type="checkbox"/> Oral Steroid <input type="checkbox"/> Other Controller <input type="checkbox"/> None <input type="checkbox"/> Well-controlled <input type="checkbox"/> Poorly Controlled or Not Controlled <input type="checkbox"/> Seizure disorder <input type="checkbox"/> Speech, hearing, or visual impairment <input type="checkbox"/> Tuberculosis (latent infection or disease) <input type="checkbox"/> Hospitalization <input type="checkbox"/> Surgery <input type="checkbox"/> Other (specify) _____ <input type="checkbox"/> Addendum attached.	Medications (attach MAF if in-school medication needed) <input type="checkbox"/> None <input type="checkbox"/> Yes (list below)
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PHYSICAL EXAM Date of Exam: / /	General Appearance: <input type="checkbox"/> Physical Exam WNL
Height _____ cm (_____%ile)	NI Abnl <input type="checkbox"/> Psychosocial Development <input type="checkbox"/> HEENT <input type="checkbox"/> Lymph nodes <input type="checkbox"/> Abdomen <input type="checkbox"/> Skin
Weight _____ kg (_____%ile)	<input type="checkbox"/> Language <input type="checkbox"/> Dental <input type="checkbox"/> Lungs <input type="checkbox"/> Genitourinary <input type="checkbox"/> Neurological
BMI _____ kg/m <sup>2</sup> (_____%ile)	<input type="checkbox"/> Behavioral <input type="checkbox"/> Neck <input type="checkbox"/> Cardiovascular <input type="checkbox"/> Extremities <input type="checkbox"/> Back/spine
Head Circumference (age <2 yrs) _____ cm (_____%ile)	Describe abnormalities:

DEVELOPMENTAL (age 0-6 yrs) Validated Screening Tool Used? <input type="checkbox"/> Yes <input type="checkbox"/> No Date Screened: / / Screening Results: <input type="checkbox"/> WNL <input type="checkbox"/> Delay or Concern Suspected/Confirmed (specify area(s) below): <input type="checkbox"/> Cognitive/Problem Solving <input type="checkbox"/> Adaptive/Self-Help <input type="checkbox"/> Communication/Language <input type="checkbox"/> Gross Motor/Fine Motor <input type="checkbox"/> Social-Emotional or Personal-Social <input type="checkbox"/> Other Area of Concern:	Nutrition < 1 year <input type="checkbox"/> Breastfed <input type="checkbox"/> Formula <input type="checkbox"/> Both ≥ 1 year <input type="checkbox"/> Well-balanced <input type="checkbox"/> Needs guidance <input type="checkbox"/> Counseled <input type="checkbox"/> Referred Dietary Restrictions <input type="checkbox"/> None <input type="checkbox"/> Yes (list below)	Hearing Date Done: / / Results: < 4 years: gross hearing _____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <input type="checkbox"/> Referred OAE _____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <input type="checkbox"/> Referred ≥ 4 yrs: pure tone audiometry _____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <input type="checkbox"/> Referred	Vision Date Done: / / Results: < 3 years: Vision appears: _____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl Acuity (required for new entrants and children age 3-7 years) Right _____ Left _____ <input type="checkbox"/> Unable to test Screened with Glasses? <input type="checkbox"/> Yes <input type="checkbox"/> No Strabismus? <input type="checkbox"/> Yes <input type="checkbox"/> No Dental Visible Tooth Decay <input type="checkbox"/> Yes <input type="checkbox"/> No Urgent need for dental referral (pain, swelling, infection) <input type="checkbox"/> Yes <input type="checkbox"/> No Dental Visit within the past 12 months <input type="checkbox"/> Yes <input type="checkbox"/> No
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Child Receives E/C/PSE/CSE services <input type="checkbox"/> Yes <input type="checkbox"/> No	Child Care Only	Hemoglobin or Hematocrit _____ g/dL _____ %
Child Receives E/C/PSE/CSE services <input type="checkbox"/> Yes <input type="checkbox"/> No	Physician Confirmed History of Varicella Infection <input type="checkbox"/>	Report only positive Immunity:
IMMUNIZATIONS - DATES		IgG Titers Date
DTP/DTaP/DT		Hepatitis B
Td	MMR	Measles
Polio	Varicella	Mumps
Hep B	Mening ACWY	Rubella
Hib	Hep A	Varicella
PCV	Rotavirus	Polio 1
Influenza	Mening B	Polio 2
HPV	Other	Polio 3

ASSESSMENT <input type="checkbox"/> Well Child (ZDD 129) <input type="checkbox"/> Diagnoses/Problems (list) _____ ICD-10 Code _____	RECOMMENDATIONS <input type="checkbox"/> Full physical activity <input type="checkbox"/> Restrictions (specify) _____ Follow-up Needed <input type="checkbox"/> No <input type="checkbox"/> Yes, for _____ Appt. date: / / Referral(s): <input type="checkbox"/> None <input type="checkbox"/> Early Intervention <input type="checkbox"/> IEP <input type="checkbox"/> Dental <input type="checkbox"/> Vision <input type="checkbox"/> Other _____
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Health Care Practitioner Signature	Date Form Completed	DOHMH PRACTITIONER ONLY
Health Care Practitioner Name and Degree (print)	Practitioner License No. and State	TYPE OF EXAM: <input type="checkbox"/> NAE Current <input type="checkbox"/> NAE Prior Year(s)
Facility Name	National Provider Identifier (NPI)	Comments
Address	City State Zip	Date Reviewed: T.O. NUMBER
Telephone	Fax	REVIEWER: _____
	Email	FORM ID#

## **PARENT TO CHILD'S TEACHER PERMISSION LETTER**

Dear Sir or Madam,

This is to inform you that my child,  
\_\_\_\_\_ of class \_\_\_\_\_ will be  
attending the After School Program at the Hebrew  
Educational Society for the 2020-2021 school term.  
Please dismiss this child with the regular bus  
children at the end of the school day to the H.E.S. bus  
counselor.

Thank you for your attention to this matter. If you  
have any questions, please call the H.E.S. at  
718-241-3000 and ask for our After School Program  
Staff.

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## **PARENT TO SCHOOL OFFICE PERMISSION LETTER**

Dear Sir or Madam,

This is to inform you that my child,  
\_\_\_\_\_ of class \_\_\_\_\_ will be  
attending the After School Program at the Hebrew  
Educational Society for the 2020-2021 school term.  
Please dismiss this child with the regular bus  
children at the end of the school day to the H.E.S. bus  
counselor.

Thank you for your attention to this matter. If you  
have any questions, please call the H.E.S. at  
718-241-3000 and ask for our After School Program  
Staff.

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_



NEW YORK STATE  
OFFICE OF CHILDREN AND FAMILY SERVICES  
**CHILD CARE EMPLOYEE, VOLUNTEER, PARENT, CHILD AND ESSENTIAL VISITORS  
HEALTH SCREENING ONE-TIME ATTESTATION**

Before entering a child care program, employees, volunteers, parents, children and essential visitors **must complete a health screening questionnaire daily. In addition, each employee, volunteer, parent, child and essential visitor must sign and submit this form to the program one time.** Employees, volunteers, parents, children and essential visitors must answer all questions and take their temperature daily to confirm a body temperature lower than 100.0 degrees Fahrenheit. If anyone answers "Yes" to any of the questions below, they cannot enter the child care program. A parent or guardian is responsible for completing daily screening on behalf of their child(ren).

**Self-Screening:**

Below are the self-screening questions that employees, volunteers, parents, children and essential visitors are required to answer **daily**. If any of the answers to the below questions are "Yes," individuals **cannot** enter the program. If the answers are "No" to all the following questions, individuals may enter the program. If employees, volunteers, parents, children and essential visitors cannot take their temperature at home, but answer "No" to all other questions, they may report to the program to have their temperature taken on site.

1. Is your temperature higher than or equal to 100.0 degrees Fahrenheit?
2. Have you had any known contact with a person confirmed or suspected to have COVID-19 in the past 14 days?
3. Are you currently experiencing **ANY** of the following symptoms?
  - o Cough (new or worsening)
  - o Shortness of breath (new or worsening)
  - o Trouble breathing (new or worsening)
  - o Fever
  - o Chills
  - o Muscle pain (new or worsening)
  - o Headache (new or worsening)
  - o Sore throat (new or worsening)
  - o New loss of taste
  - o New loss of smell
4. Have you tested positive for COVID-19 through a diagnostic test in the past 14 days?

If you have answered "NO" to all questions, you have passed and may enter the program.

If you have answered "YES" to any question, you will not be allowed to enter the program.

**Attestation:** By signing this document, I agree that I will self-monitor these symptoms each day and report the outcome per the instructions above and will not enter any child care program if any of the above symptoms or conditions are present.

\_\_\_\_\_  
Signature

    /    /  
\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

    /    /  
\_\_\_\_\_  
Date

**Note:** This document must be signed and returned to the program prior to entry. A signed copy needs to be provided only once. The child care program must retain a copy for their records.

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**Assumption of the Risk and Waiver of Liability**  
**Relating to Coronavirus/COVID-19**

The coronavirus (COVID-19), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and can spread from person-to-person contact. The Hebrew Educational Society of Brooklyn has and will continue to use its best efforts to institute and implement preventative measures to reduce the spread of COVID-19; however, the Hebrew Educational Society of Brooklyn cannot guarantee that you or your child(ren) may not become infected, exposed or otherwise contract COVID-19 while attending, participating in or otherwise engaging in any activities at or in connection with the Hebrew Educational Society of Brooklyn.

By signing this waiver and release, I acknowledge and agree that I, on my behalf and on behalf of my children: a) understand the contagious nature of COVID-19; b) voluntarily assume the risk that me, my child(ren) or anyone for whom I may be responsible may become infected, exposed or otherwise contract COVID-19 while attending, participating in or otherwise engaging in any activities at or in connection with the Hebrew Educational Society of Brooklyn; and c) hereby waive, release and discharge the Hebrew Educational Society of Brooklyn from and against any and claims or injuries arising out of, relating to or in any way connected to COVID-19 and the subject of this Waiver and Release.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

**If you have a child under age 18 attending Hebrew Educational Society of Brooklyn for any purpose, please complete the following:**

\_\_\_\_\_  
Name of Child

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

