

# Green Room

## HES UPK Schedule

<b>8:30-9:00</b>	<b>Arrival time/ Wash Hands/Breakfast</b>
<b>9:00-9:15</b>	<b>Wash Hands/Meeting Time</b>
<b>9:15-10:15</b>	<b>Outdoor/Gross Motor</b>
<b>10:15-12:05</b>	<b>Wash Hands/Center Time</b>
<b>12:05-12:15</b>	<b>Clean Up/Story Time/Recap Activities</b>
<b>12:15-12:30</b>	<b>Bathroom/Prepare for Lunch</b>
<b>12:30-1:00</b>	<b>Lunch/Clean-up/Prepare for Nap</b>
<b>1:00-2:00</b>	<b>Rest</b>
<b>2:00-2:15</b>	<b>Wash Hands/Snack</b>
<b>2:15-2:45</b>	<b>Reflection/Centers #2 Activity</b>
<b>2:45-2:50</b>	<b>Clean Up/Wash Hands</b>
<b>2:50</b>	<b>Dismissal</b>